



Langlade County Health Department

1225 Langlade Road, Antigo, Wisconsin 54409-2795

Phone: 715-627-6250—Fax: 715-627-6391

Email: health@co.langlade.wi.us

<https://langladecountyhealthdepartment>



Building a Healthier Langlade County March 21, 2024 8:30am-9:30am

PRESENT:

Meghan Williams – LCHD	Donna Wiegert – LCHD	Karen Marten – LCHD	Kristin Hetto-LCHD
John Zenkovich – DSS/LCHD	Paul Grinde – Community Member	Alex Falk – Lakeside Pharmacy	Terri Kolb – UW Extension
Judy Turney – Senior Center	Alex Falk – Lakeside Pharmacy	Linda Vollmar – AFD (zoom)	Deb Paul – Alzheimer’s Association (zoom)
David Frechette – Transitional Jobs NE Program	Darlaen Jansen – USDA Nurse (zoom)	Linda Vollmar – AFD (zoom)	

<u>Agenda Items</u>	<u>Discussion</u>	<u>Action Needed/Time Frame</u>	<u>Responsible Party</u>
Call Meeting to order	Meeting was called to order by Meghan at 8:30am		Chairperson
Introductions	Introductions complete		All
Public comment on agenda items, and consideration of requests for items to be added to future agendas.	None		Public
Review Previous Minutes			Chairperson
CHIP Priority Area: Healthy Living & Active Lifestyles	Terri Kolb- UW Extension continues to work on Foodwise – direct education with schools. They go into schools for classroom education under DPI standards. 5 lessons are taught throughout 4K-4 th grade. They are working on partnering with NCHC for the adult day program, and are working on increasing garden space so participants can take		



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	<p>fresh produce home after it's grown. They are working with Headstart to reach parents to work through food access struggles, picky eaters, etc. There is always a take home piece of information provided to parents so they can continue healthy food habits at home. The Teen Cuisine program at the Boys & Girls Club has also been a success. They are working on a mini grant through ADRC for a nutrition and exercise program. They have also partnered with the Langlade County Food Pantry and have created a network with surrounding food pantries to share food and resources. They are working on strategies for summer feeding options for children.</p> <p>Judy Turney – The Stockbox program is increasing in popularity at the Senior Center. ADRC is trialing a lunch time meal every Wednesday at the center, and currently has about 20 participants. The exercise program and Rock Steady Boxing participants have grown so much that they have hired a second therapist to assist with these programs.</p> <p>Karen Marten – The LCHD has the Maternal Child Health grant which focuses on suicide prevention and healthy living & active lifestyles. Grant opportunities will be coming out soon for nutrition and obesity, farm to table, farm to school, fruit trees, etc. LCHD will continue setting up a booth at the Farmer's Market this summer.</p> <p>Paul Grinde – There is still a transportation issue to get people places like appointments, Food Pantry, Senior Center, etc. What can we do to solve this?</p> <p>Meghan Williams – LCHD is offering a Healthy Living with Diabetes class starting April 17th – 6 week class at the Senior</p>	<p>Transportation continues to be a barrier for county residents. More discussion is needed.</p>	
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	<p>Center. The Teen Health Fair will be held April 3rd at the High School and there is a Self Care Day being held April 26th at the High School. LCHD will have booths at both with healthy living information. Nutrition Access Guides have been updated if anyone would like some. April is Move More Month and we will have social media posts going out around this topic. Christ Central Church is in the final stages of getting Ruby's Pantry set up in Langlade County. Website langladecounty.org</p>	<p>www.langladecounty.org has recreation maps and events.</p> <p>Reminder that events can be added to the Community Calendar. Anyone can submit an event.</p>	
<p>Walk to End Alzheimer's</p>	<p>Deb Paul – September 7th is the Walk to End Alzheimer's, at the Middle School. The goal this year is to form more teams and raise \$45,000. There is a volunteer meeting on March 26th at Northstar Lanes for anyone who is interested. RSVP for the Volunteer Open House https://www.facebook.com/events/645878704275341</p>	<p>Please reach out Deb if interested in the Walk to End Alzheimer's.</p> <p>Please contact Deb if you need any resources including flyers dropped off at your location.</p>	<p>All</p>
<p>Round Robin</p>	<p>Donna Wiegert/Judy Turney – The Senior Center continues to post activities on their website, Facebook, newspaper, and community calendar. There are classes on Cyber Security and Medicare coming up. There is a Medication Storage & Disposal educational opportunity on April 18th from 10am-11am.</p> <p>Karen Marten – The Diaper Bank is available to anyone in need for diapers/wipes. A waiver must be signed when picking up diapers. We received a large donation of formula from the Aspirus General Clinic. We received grant donations from the Remington Foundation and the Salvation Army. The annual diaper drive is in May. In 2023 we gave away over 22,000 diapers.</p>		



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	<p>Meghan Williams – The Childcare Task Force is holding a round table event at NTC on April 11th from 6-7:30pm at NTC. There is a challenge for both childcare providers and parents in Langlade County. LCHD was awarded a grant for a mental health platform – CredibleMind. Launches March 22nd and is free and anonymous.</p> <p>Alex Falk – Lakeside is beginning a long-term care at home program where they will target elderly patients still living at home, to provide services like prescription delivery, pill packing, etc. and it will be covered by insurance.</p> <p>Terri Kolb – UW Extension is hosting a reality fair at the High School on May 2nd for students to explore realities beyond high school.</p>		
<p>Next meeting: April 25, 2024 8:30am-Priority Area-Mental Well-Being Zoom option or in person- Langlade County Health Department Board Room (1225 Langlade Rd.)</p>			